## Master of Public Health Program

### Sample Schedule: Mindfulness Concentration with Qualitative Analytic Sequence and Spring Epi

### Concentration
- **Mindfulness**

### MPH Non-Credit Requirements
- **Online Course PHP1001**  
  - PHP1001, Foundations in Public Health  
  - **Fall**
- **CITI Training Certificate**  
  - CITI Certificate  
  - **Fall**

### MPH Core Course and Title

<table>
<thead>
<tr>
<th>Sequence</th>
<th>Course Title</th>
<th>Semester</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Data Analysis</strong></td>
<td>PHP2506, Biostatistics for Public Health Research</td>
<td>Fall</td>
<td>23</td>
</tr>
</tbody>
</table>
| Sequence 1: PHP2507  
Sequence 2: PHP2510  
Sequence 3: PHP2506 |  |  |  |
| **Data Analysis 2** | PHP2060, Qualitative Methods in Health Research | Spring | 24 |
| Sequence 1: PHP2508  
Sequence 2: PHP2511  
Sequence 3: PHP2060 |  |  |  |

* Students taking the qualitative analytic sequence (Sequence 3) must also take PHP2061, Qualitative Analysis in Public Health Research and it will count as the Mindfulness Applied Research Methods course.

### Epidemiologic Research Methods
- PHP2120, Intro to Methods in Epi Research  
  - **Spring**  
  - **24**

### Applied Public Health 1
- PHP2071, Applied Public Health: Systems and Practice  
  - **Spring**  
  - **24**

### Applied Public Health 2
- PHP2072, Applied Public Health: Policy, Leadership and Communication  
  - **Fall**  
  - **24**

### Designing and Evaluating PH Interventions
- PHP2355, Designing and Evaluating Public Health Interventions  
  - **Fall**  
  - **23**

### Mindfulness Concentration Course and Title

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Semester</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mindfulness Course 1 PHP1880</td>
<td>PHP1880, Meditation, Mindfulness and Health</td>
<td>Fall</td>
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<tr>
<td>Mindfulness Course 2 PHP1885</td>
<td>PHP1885, Measuring Mindfulness</td>
<td>Spring</td>
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<tr>
<td>Mindfulness Course 3 PHP1895</td>
<td>PHP1895, Mindfulness Epidemiology</td>
<td>Spring</td>
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<tr>
<td>Mindfulness Sciences Course</td>
<td>PHP1890, The Craving Mind</td>
<td>Fall</td>
</tr>
<tr>
<td>Mindfulness Applied Research Methods*</td>
<td>PHP2061, Qualitative Analysis in Public Health Research</td>
<td>Fall</td>
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</tbody>
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### MPH General Elective Course and Title

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Semester</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>MPH General Elective 1</td>
<td>Select from PHP courses that are 1000 level or above</td>
<td>Spring</td>
</tr>
<tr>
<td>MPH General Elective 2</td>
<td>Select from PHP courses that are 1000 level or above</td>
<td>Spring</td>
</tr>
</tbody>
</table>

Students may count any PHP course that is 1000 level or above as a general elective. Other graduate-level courses at Brown may be taken as an elective, with approval. The approval form can be found here: [https://tinyurl.com/4x72c87v](https://tinyurl.com/4x72c87v)