## Master of Public Health Program
### Sample Schedule: Mindfulness Concentration with Quantitative Analytic Sequence and Fall Epi

### Concentration
- **Mindfulness**

### MPH Non-Credit Requirements
<table>
<thead>
<tr>
<th>Online Course PHP1001</th>
<th>PHP1001, Foundations in Public Health</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>CITI Training Certificate</td>
<td>CITI Certificate</td>
<td>Fall</td>
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</tbody>
</table>

### MPH Core Course and Title

#### Data Analysis
- **Sequence 1**: PHP2507
- **Sequence 2**: PHP2510
- **Sequence 3**: PHP2506

  | PHP2507, Biostatistics and Applied Data Analysis I | Fall | 23 |

#### Data Analysis 2*
- **Sequence 1**: PHP2508
- **Sequence 2**: PHP2511
- **Sequence 3**: PHP2060

  | PHP2508, BioStatistics and Data Analysis II | Spring | 24 |

* Students taking the qualitative analytic sequence (Sequence 3) must also take PHP2061, Qualitative Analysis in Public Health Research and it will count as the Mindfulness Applied Research Methods course.

#### Epidemiologic Research Methods
- PHP2120, Intro to Methods in Epi Research | Fall | 23 |

#### Applied Public Health 1
- PHP2071, Applied Public Health: Systems and Practice | Spring | 24 |

#### Applied Public Health 2
- PHP2072, Applied Public Health: Policy, Leadership and Communication | Fall | 24 |

#### Designing and Evaluating PH Interventions
- PHP2355, Designing and Evaluating Public Health Interventions | Fall | 24 |

### Mindfulness Concentration Course and Title

#### Mindfulness Course 1 PHP1880
- PHP1880, Meditation, Mindfulness and Health | Fall | 23 |

#### Mindfulness Course 2 PHP1885
- PHP1885, Measuring Mindfulness | Spring | 24 |

#### Mindfulness Course 3 PHP1895
- PHP1895, Mindfulness Epidemiology | Spring | 25 |

#### Mindfulness Sciences Course
- PHP1890, The Craving Mind | Fall | 24 |

#### Mindfulness Applied Research Methods*
- PHP2040, Survey Research Methods | Spring | 24 |

### MPH General Elective Course and Title

**Students may count any PHP course that is 1000 level or above as a general elective. Other graduate-level courses at Brown may be taken as an elective, with approval. The approval form can be found here: https://tinyurl.com/4x72c87v**

#### MPH General Elective 1
- Select from PHP courses that are 1000 level or above | Fall | 24 |

#### MPH General Elective 2
- Select from PHP courses that are 1000 level or above | Spring | 25 |